

HAPPENINGS

ISSUE NO. 323

APRIL 2017

SERVING PORT ST. JOHN & CANAVERAL GROVES

Submissions for publication need to be in before the 18th.



Call 321-633-7499 or e-mail to happenings1@att.net.

The current and last issues are on the website.

www.happenings.net

Spring Has Sprung. Time For Fun!

Brevard County's nonprofit organizations will be showcased and Brevard's best salsa will be chosen at the 13th annual Fiesta Brevard hosted by the Non-Profit Task Force Committee of the Cocoa Beach Regional Chamber of Commerce. The event will be on Friday, April 28th at the Riverfront Park, 401 Riveredge Blvd., Cocoa from 5 p.m. to 8 p.m. Guests and a panel of judges will taste and award Brevard's Best Salsa 2017.



Over 30 organizations that serve children, families and seniors, and those that care for animals and promote community service are scheduled to participate. A percentage of the fee from each admission ticket sold is kept by the organization that sells it, providing an opportunity to also fundraise to help support each in their mission. Along with information, each organization will offer a game or raffle item to engage guests. Fiesta Brevard also features entertainment, including Latin music and dance performances, the annual Fiesta Hat Parade and contest, and a selection of food and beverages.

A coveted title among salsa chefs and aficionados is Brevard's Best Salsa title. Each year, local

groups and restaurants compete in both People's Choice and Judges' Choice award categories. Interested salsa competitors can contact the Cocoa Beach Regional Chamber. Limited competitor space is available.

Admission is \$10 in advance and \$15 at the door. Advance tickets can be purchased from any participating nonprofit organization. A list of participants will be available at CocoaBeachChamber.com. Tickets are also available at the Cocoa Beach Regional Chamber of Commerce, 400 Fortenberry Road, Merritt Island. Each admission includes two food tickets. Additional food tickets can be purchased at the event and cash bars will be available.

Raffle drawings include a Fiesta Treasure Basket along with Visa Gift Cards, local merchant gift certificates and other prizes. Grand Prize drawing tickets can be purchased from any participating nonprofit organization for \$5 for one ticket or \$20 for five. For more information, visit or call the Cocoa Beach Regional Chamber of Commerce at (321) 459-2200.

Challenger 7 Golf Classic

The 2nd Annual Challenger 7 Elementary Charity Golf Classic will be held on Saturday, April 29th at Turtle Creek Golf Club. The cost is \$55 per person and includes greens fee, cart, lunch, range balls and on-course contests. Registration will begin at 7:00 am with the tournament officially starting at 8:00 am.



Afterwards, please join us for lunch, awards and raffle at about 12:30pm. All proceeds benefit Challenger 7 Elementary School.

In addition to prizes for 1st, 2nd and 3rd place, there will be two "long drives," two "closest to the pin" challenges, and a putting contest.

A hole-in-one wins a Buick Verano sponsored by Ron Norris Buick/GMC.

Anyone who does not play golf can still participate by sponsoring a golf hole for \$100, or attend the awards luncheon for \$10.00.

For an application or more information, email challenger7golf@cfl.rr.com or visit <http://c7golf.wix.com/challenger7>. The deadline to register is April 21st.

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PSJ Community Center Schedule - April, 2017

The center is open Mondays–Thursdays from 10 a.m. to 8 p.m., Fridays from 9 a.m. to 6 p.m., Saturday 10 a.m.-2 p.m. **Schedule is subject to change. For latest information or to register, call 633-1904.**

Mondays – Fridays

Seniors at Lunch, 10 am - 1 pm
Senior Billiards 10 a.m.-4 p.m.

Mondays

Outside Basketball, 10 a.m.-8 p.m.
Senior Billiards 10 a.m.-4 p.m.
Teen Billiards, 4-8 p.m.
Zumba (Adult Class), 6-7 p.m.

Tuesdays

Outside Basketball, 10 a.m.-8 p.m.
Senior Billiards, 10 a.m.-4 p.m.
Girl Scouts Troop 1902, 4:00-5:30 pm
Teen Billiards, 6-8 p.m.

Wednesdays

Senior Billiards, 10 a.m. - 4 p.m.
Outside Basketball, 10 a.m.-8 p.m.
Dream Weavers 1:30-3:30 p.m.
Teen Billiards, 4-8 p.m.
Zumba (Adult Class), 6-7 p.m.
5th & 19th Cub Pack 704, 6-7:30 p.m.
Kenpo Karate 7-8 p.m.

Thursdays

Senior Billiards, 10 a.m.-4 p.m.
Outside Basketball, 10 a.m. 8 p.m.
Teen Billiards, 4-8 p.m.
6th & 20th Girl Scouts Troop 835, 6-7 p.m.
13th & 27th Girl Scouts Troop 210, 6 7:30 p.m.

Fridays

Senior Billiards, 10 a.m.-4 p.m.
Outside Basketball, 4-6 p.m.

Saturdays

Open Recreation, 10 a.m-2 p.m.

Port St. John Community Center Spring Break Activities

April 10th Thru April 14th, \$5 a day, 1-4 p.m.
For more information to register contact the Port St. John Community Center at (321) 633-1904.

Port St. John Easter Egg Hunts & Free Movie At Fay Park, April 15, 2017

6315 Depot Road, Port St. John, FL

The first egg hunt will start at 6:30 p.m. for ages 5 & under, followed by a flashlight Easter egg hunt at 8:00 p.m. (dark) for ages 6-12 years.

Don't forget your camera and basket for the egg hunt!

Immediately following the Easter egg hunts, the movie Lorax will be shown in the park. Patrons please feel free to bring lawn chairs, blanket and snacks to enjoy during the movie! For more information contact the Port St. John Community Center (321) 633-1904. Zumba Classes

Zumba Classes - Zumbia incorporates rhythms of Latin and International music to high energy aerobic/fitness dance movements. Zumba tones the body by integrating basic principles of movement and resistance training. Ages 12 years to adults. Classes are Mondays and Wednesdays at 6-7 p.m. \$5 per class. Call 321-633-1904.
American Kenpo Karate - Learn the art of self-defense, classical form and sparring dojo sessions by 8th Degree Grandmaster Sharon Fox. Experience all the skills that promote flexibility, confidence, and discipline in a weekly, structured course. Wednesdays 7-8 p.m., \$30 per month, ages 6 years and older.

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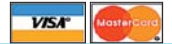
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Good Day! by Maureen Rupe
An Answer from North Brevard Development Economic Zone

Thanks to Troy Post for his response below. Last month I asked how Port St John has benefited from taxes from our new FP&L Natural Gas Plan.

From: Post, Troy

Sent: Monday, February 20, 2017 12:39 PM

To: rupe32927@earthlink.net

Subject: Response to column in February edition of Happenings

Hello, Maureen. Hope all is well with you.

Recently, I read your column in the Port St. John Happenings newspaper, in which you inquired about the North Brevard Economic Development Zone's (NBEDZ) work to facilitate business development in Port St. John. Here, briefly, is an update on a few economic development projects and initiatives involving the local community.

First and foremost, the NBEDZ awarded last year a redevelopment incentive to the REIT that owns the Port St. John Shopping Plaza, a development anchored by a Winn-Dixie grocery store.

The commercial strip center, which was built many decades ago, is in need of refurbishment, as a way of increasing occupancy in the vacant store space. We anticipate that the company will spend approximately \$1.5 - \$2 million in making the center, and the Winn-Dixie store, more attractive and functional. Attention will also be given to improving the center's stormwater runoff system, which should further aid in the cleanup of the Indian River Lagoon.

In addition to that redevelopment project, the NBEDZ has been working with the county to determine what alternative uses might be possible for the site of the old state prison, located near the intersection of Camp Road and Grissom Parkway. One possibility, which is currently being assessed by engineering and environmental professionals, is whether to redevelop the approximately 100-acre parcel into a business park for small to medium-sized companies. If properly implemented, the new business park could be home to as many as 20 new or expanding firms.

Based upon the success of the NBEDZ's co-working experiment, COLaunch (www.colaunch.biz), the organization is considering whether and

how to best expand that concept, particularly as it relates to the Port St. John area. [That includes the possibility of creating a "maker space" within the concept, much like the one opening in March in Titusville under the name "Space Coast Fab Lab."] If implemented by 2019, it would provide affordable office space and business counseling for new and growing entrepreneurial ventures in Port St. John.

Of course, the direct and indirect economic impact of NBEDZ-funded projects taking place just outside the community - whether at the nearby Titusville Logistics Center (which officially welcomed its first tenant in late December), or through the construction of the nearby 750,000 sq. ft. manufacturing facility for Blue Origin at Exploration Park - should benefit Port St. John as well as Titusville and Merritt Island. It is our hope that Port St. John residents will either find employment with some of these new firms, or that they will be employed or impacted by companies servicing the needs of these businesses.

Thanks very much for your support, and for your efforts to keep the community informed. Should you wish to discuss more about the

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All creatures great and small...the Lord God made them all.

NBEDZ and what we believe is likely to occur in the near future from an economic development perspective, please feel welcome to contact me.

Have a good day -

Troy

Troy Post, CEcD, CBE

Executive Director

North Brevard Economic Development Zone (NBEDZ)

For information on the Zone: www.NBEDZ.com. For statistical/community data on the area, visit: www.NorthBrevard.biz.

Please send your comments and thoughts to me at rupe32927@earthlink.net

Making State Parks Pay

According to a couple of stories, Florida is trying to obtain some income on the side from our state parks. First, a March 1st Treasure Coast story by Tyler Treadway, titled, "Tree harvesting, cattle grazing at Savannas Preserver State Park?," claims "...nothing at Savannas Preserve State Park will be done just to make money..." but our Governor has stated our parks must cover their operating expenses, so any discussion tends to raise the eyebrows. The draft management

plan "would allow for cattle grazing and timber harvesting." The Florida Department of Environmental Protection says, "All money raised would be used for future resource management actions." They also state cattle grazing is strictly to control invasive species, but, "Cattle don't know a native plant from a nonnative," replied Diane Goldberg of Port St. Lucie and the St. Lucie County chapter of the Audubon Society. It must also be reported, "Local environmentalists found some aspects of the plan they liked, including improvements to nature trails and kayak launches."

A second story on 88.5 WMNF by Sean Kinane, titled, "Should logging be allowed in Myakka River State Park?," where WMNF News interviewed Jono Miller, an activist supporting Myakka River State Park. According to the interview, the draft management plan for this park, "...timber harvesting, fuel and stump harvesting, palm or palmetto frond harvesting. ..." would be allowed. Jono Miller stated, "The thing that really piqued our interest was this palm frond harvesting. You know, Sean, there are legitimate reasons why park managers may need to, occasionally, remove pine trees or stumps.

The stumps can damage equipment, but, there is no ecological benefit from cutting off the green fronds of our saw palmettos or our cabbage palm trees. Currently, there's very little invasive plant problem there and this draft plan would allow the acreage to go up to 6% of the total amount of dry prairie and that could be over 800-acres of invasive plants, and we can't understand why, when we have a pretty good situation now, we would allow it to deteriorate to over 800 acres of invasive plant species."

Having parks pay for themselves was never what Floridians pictured. Protecting the environment and providing public access is what we should be expecting and deserve.

Reference:

<http://www.tcpalm.com/story/news/local/indian-river-lagoon/health/2017/03/01/tree-harvesting-cattle-grazing-savannas-preserve-state-park/98590636/>

<http://www.wmnf.org/logging-myakka-river-state-park/>

Lake Okeechobee Algae Alternative Waste of Money?

(continued, next page)

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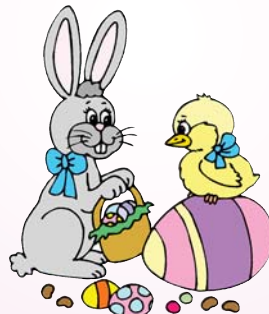
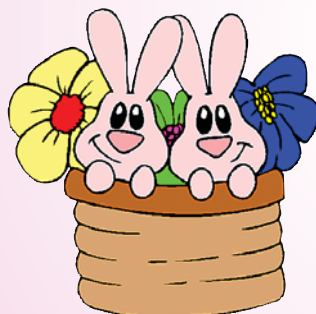
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Good Day, cont.

According to a March 2nd story in the Miami Herald by Mary Ellen Klas, titled "Sen. Negron goes to Washington; reports there will be no repayment for dike repair, no raising lake levels." The alternative fix, by building up the dam for Lake Okeechobee, may not be a good solution for the algae filled discharges we've had in the past. Senate President Joe Negron stated he had met with Florida's Senators, other Legislators, and the Army Corps of Engineers and found out a number of facts that should influence any decision of his and "a bill by Sen. David Simmons, R-Altamonte Springs, that would allow the state to provide an interest-free loan to the federal government to accelerate repairs to the Herbert Hoover Dike in order to allow it to increase water storage in the lake."

1. If Florida gives money, it won't be reimbursed, so it replaces federal money with our state's money.

2. Levels won't be raised within Lake Okeechobee without a multiple year evaluation and won't be raised until that process is completed.

3. Letting discharges go south is already authorized, and just needs to know when and where.

Big sugar and agriculture businesses might want to stop southern storage, but that is the best way to improve the Everglades and Lake Okeechobee discharges at the same time. Our representatives needs to stop fighting a southern solution for the sugar industry.

Reference:

<http://miamiherald.typepad.com/nakedpolitics/2017/03/sen-negron-goes-to-washington-reports-there-will-be-no-repayment-for-dike-repair-no-raising-lake-lev.html>

County Roads, Tip of the Month

Bring Back Impact Fees Now, with no more grandfathering. State Statute 163.31801 (2) states the Legislature finds the impact fees are an important source of revenue for a local government to use in funding the infrastructure necessitated by new growth. The Legislature further finds that impact fees are an outgrowth of the home rule power of a local government to provide certain services within its jurisdiction.

The County Commission enacted Road Impact Fees, but for the last approximately eight

years, there has been a moratorium on them every couple of years and they have continually reinstated the moratorium. Now the county is screaming to cut other services due to their lack of foresight. We've got growth going on over the whole county and no money to keep up with roads? Let your commissioners know it wasn't a good idea in the past for the rest of the citizens to be stuck paying for new growth, and it's not a good idea now.

I am an Immigrant

I am an Immigrant. I was not running from an oppressive war-torn country. I have no more freedoms now than I was born with. My heart goes out to all refugees and Muslims that have nothing to do with terrorism, yet are targeted for their country of birth.

In World War II, the United States refused a ship full of Jews sanctuary, but sent them back, where they were sent to the gas chamber and their death. I hope that decision has brought regret over the years.

How do we know that the steps being taken now will not lead us to sorrow we will never recover from? If anyone wants to say to me,

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~ Cary Troxel & family

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Sexual Assault Awareness Event

April is Sexual Assault Awareness Month (SAAM). The Women’s Center is pleased to announce it is partnering with the City of Cocoa and Cocoa Police Department to host the 2017 SAAM event. The Awareness Walk, educational presentations and free lunch will be held Saturday, April 29, 2017 from 11 a.m. to 3 p.m. at The River Front Park in Cocoa Village.

Participants should arrive by 11 a.m. The walk, approximately two miles, through and around Cocoa Village starts at 11:15 a.m., beginning and ending at the Pavilion. A free lunch and safety presentations will follow. The public is invited to participate in any portion of the walk. Walk participation is not required to listen to the presentations by Sheriff Wayne Ivey, Cocoa Police Department and a self-defense instructor,

and enjoy a free lunch.

Each year, the Women’s Center staff, volunteers and clients, as well as community members and leaders, walk to unite survivors, educate the community and advocate for prevention and legislative change for adults and child survivors of sexual assault. For more information or to volunteer, contact Jacqueline Ares, Victim Advocate at 321-242-3110, ext. 2106.

Domestic violence affects one in every four women, and over 100 children are abused every hour. The Women’s Center in Brevard serves over 10,000 women and children annually. The agency’s goal is to assist in creating safe, healthy, self-sufficient lives by providing support, education, counseling, information and services to survivors of domestic, dating, and sexual violence, and those suffering the ill effects of poverty, homelessness and mental health challenges. The Women’s Center is a 501 (c) 3 United Way agency. For more information, visit www.womenscenter.net.

A human brain has the capacity to store 5 times as much information as Wikipedia.

Tired of Smelling Smoke?

If you’re tired of smelling smoke from the fires in Orange County, (at printing; may be in Brevard by now, too), and think this is bad, here’s a little history lesson.

In 1998, fires burned from May through July 1998. They were the worst Florida has seen. There were 2,200 fires that burned in East Central Florida during this period of time, destroying an estimated 700,000 acres, 150 structures, and 86 vehicles in Brevard, Volusia, Flagler and St. Johns counties. The entire county of Flagler was ordered to evacuate because it was feared that the fires could not be stopped until they reached the Atlantic ocean.

In Brevard, the fires burned all through Mims and Scottsmoor from the St. Johns river to US 1. Smoke covered PSJ for months. Let’s hope we do better this summer!

Consider getting a higher density filter for your air conditioner to remove the smoke from your home, especially if anyone in the family has breathing or allergy concerns.

Thanx to Wayne, Rae and <https://www.usfa.fema.gov/downloads/pdf/publications/tr-126.pdf>

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USAF Thunderbirds in North Brevard



As sponsors of the Tico Warbird Airshow, Parrish Medical Center was honored to receive a visit from the U.S. Air Force Thunderbirds, the Air Force's official demonstration team, also known as America's Ambassadors in Blue. The purpose of their visit was to spread good will to the community and to lift the spirits of sick patients.

More than 50 patients, visitors and Care Partners took advantage of the opportunity to meet the Thunderbirds and get a photo with them in the atrium. After that, the Thunderbirds visited with patients, mostly veterans, and their families on the patient units. Patients spoke with pride about their service experiences and responsibilities. One patient, an Air Force vet, said being in the service was the best thing that had ever happened to him. Being in service allowed him to see the world, taught him how to build relationships and be a part of a team, then later it provided him the resources to get an education through the GI Bill.

The Thunderbirds listened to the stories and shared related experiences. They thanked each veteran for his service. They explained how their service paved the way for the men and women serving today.

The Thunderbirds brought a healing experience to our patients and their families by being present. As one person commented on social media, "Good job... gives the patients a lift... thanks guys."



GEICO Skytypers Air Show Team

The GEICO Skytypers Air Show Team will take flight soon for their first air show appearance of the 2017 season. The squadron of six World War II-era aircraft will perform during the 2017 Melbourne Air & Space Show on April 1-2 at the Orlando Melbourne International Airport.

“The SNJs flown by our team were originally used as training aircraft for WWII pilots,” says Team Flight Lead Larry Arken. “We consider it an honor to demonstrate the amazing abilities of these vintage warbirds on behalf of our sponsor, GEICO, while sharing a bit of aviation history. Despite being 75 years old, the SNJ-2 is a testament to the engineering genius of the Greatest Generation. These aircraft are a dream to fly.”

The GEICO Skytypers fly six SNJs powered by 600-horsepower Pratt and Whitney engines. As training aircraft, the SNJ can perform



all the maneuvers of a fighter plane, but at slower speeds. A majority of the team's low-level flying demonstration takes place in front of the crowd. The historic sound of the vintage engines fills the air as the team demonstrates more than 20 different tactical maneuvers during its 18-minute, low-level flying demonstration.

The “Skytypers” portion of the team name stems from its unique style of creating giant messages in the sky. Flying five aircraft in a tight, line-abreast formation, the planes coordinate in typing dot matrix-style messages with environmentally friendly puffs of white smoke. A computer located in the lead aircraft utilizes

a custom programmed tablet to send commands to the other planes via radio signals. The result is astonishing to behold. Messages can be seen from 15 miles away in any direction with 20-25 characters generated in less than two minutes. Individual letters can be as tall as the Empire State Building.

The Melbourne Air & Space Show returns to the Orlando Melbourne Airport on April 1-2 for two days of family fun featuring a lineup of world-class military and civilian performers. The U.S. Air Force Thunderbirds cap off each air show day with a thunderous performance demonstrating the capabilities of current generation fighters. Spectators can witness the amazing capabilities of the team's signature red, white and blue F-16 aircraft known as the “Fighting Falcon.”

The GEICO Skytypers are known for their thrilling airshow performances, but the team is firmly grounded in the community through their work with children's charities and youth organizations. The team conducts presentations at youth centers, schools, hospitals, boys and girls clubs, community groups, ROTC programs, and veterans' facilities. The Skytypers also host some of these events planeside. Organizations interested in partnering with the GEICO Skytypers can request an appearance by emailing the team's public affairs contact at geicopao@skytyping.com.

For more information on the air show, visit <http://airandspace.com>. For more information visit <http://www.geicoskytypers.com>.



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Monthly Tax Update

This month I want to discuss Capital Gains. Capital gains or losses occur when you sell a capital asset. This includes property such as real estate, a vehicle, boat, motor home, investments like stocks, bonds and mutual funds, collectibles, and others. The gain or loss is derived when you take the acquisition cost (basis) and subtract it from the selling price. If it's positive, then a capital gain results. A negative result would be a capital loss.

Another capital asset includes inherited property and special rules are associated with these transactions requiring a tax advisor to understand these reporting requirements. Under the assumption a capital gain results, all capital gains are included in your income. Capital gains may be subject to a federal and a net investment income tax. I'm not going into any detail on the net investment income tax since President Trump's projected tax modifications rescind this law.

Capital gains are either short-term or long-term. The length of time you hold an asset determines which. Short-term capital gains occur when you hold the asset one year or less. More than one year is long-term. Short-term capital gains are taxed at your ordinary tax rate, ie: presently 10%, 15%, 25% and upward.

Long-term capital gains have tax rates no higher than 15% for most taxpayers. Some or all net capital gain may be taxed at 0% if you're in the 10% or 15% ordinary income tax brackets. However, a 20% tax rate on net capital gain applies to the extent that a taxpayer's taxable income exceeds the thresholds set for the 39.6% ordinary tax rate. Again, consulting a tax advisor may be of value to you when long-term capital gain reporting is required.

On the other hand, capital losses have completely different rules. You can deduct capital losses on these transactions if it's not on the sale of property you hold for personal use. When your capital losses are more than your capital gains, you can deduct the difference as a loss on your tax return, up to \$3,000 per year for married filing joint and \$1,500 if married filing separate. Furthermore, if the loss is not completely deductible this year, then you may carry it forward to the next year to reduce taxable income. This could go on for years and a review of the carryforward rules are warranted.

Another interesting situation involves having capital gains and capital losses in the same year. On Schedule D, you will net all the transactions together to arrive at a taxable amount or loss, as the case may be, and if you carryover a loss to

the next year, you'll net the loss against capital gains to reduce the taxable amount. All capital gains are reported on Form 8949, Sales and Other Dispositions of Capital Assets, and Schedule D, Capital Gains and Losses, with your tax return.

One last thing; long-term capital gains having a preference tax rate will require you to complete a worksheet to determine your correct tax. You will not use the tax tables to determine your tax. Easy, right?

Lastly, to my clients, THANK YOU!!! Because of you, my office had another successful tax season. Also, to the many of you who read my articles, THANK YOU, I hope it helps.

For additional details and specific assistance in applying the general information in this article, contact your tax advisor or call us at your earliest convenience. Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.



April is Home Protection Month

Protecting yourself and your home is very important for many reasons. Nobody likes home invaders of any kind; whether it may be bugs or of the human

kind. It's better to prevent them from perpetrating than it is to exterminate, if you know what I mean.

It's always best to coordinate with your neighbors on when to use pest control, as pests like ants usually just move next door. That's not very neighborly, is it? It's important to pets and water that harmful pesticides are not used.

As far as the "human pest" I'm referring to, you need to secure your home and belongings as much as you can. A thief was recently caught on a home surveillance camera in Port St. John breaking and entering, getting away with valuables. He'll eventually get caught, but the destruction he left behind is "alarming."

Home security doesn't have to be expensive. Get to know your neighbors and who's who nearby. An ounce of prevention can save you a liter of stress.

It's great weather for egg hunting and BLOCK PARTIES! Don't forget to lock your doors and take the keys with you. Have a blessed Easter!

~Neighbor Nell

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Parrish Medical Center Receives Women's Choice Award®

Parrish Medical Center (PMC) has been named one of America's Best Hospitals for Patient Safety by the Women's Choice Award®, America's trusted referral source for the best in healthcare. The award signifies that PMC is in the top 15 percent of 3,005 U.S. hospitals for patient safety. The Award recognizes safe surgery practices and lower rates for complications and infections.

Healthcare has made significant strides in patient safety in recent years. Hospital-acquired conditions declined 21% from 2010 to 2015, resulting in 125,000 fewer patient deaths according to a report from the U.S. Department of Health and Human Services. Hospital-acquired conditions are conditions that a patient develops while in the hospital being treated for something else.

"The recipients of the America's Best Hospitals for Patient Safety award have led the country by implementing safe practices that have ultimately saved lives," said Delia Passi, founder and CEO of the Women's Choice Award. "This recognition is critical for women as they make 80 percent of healthcare decisions and need to know they are putting themselves—and their family members—in safe hands."

The methodology used to select Parrish Medical Center as one of America's Best Hospitals for Patient Safety is unique in that it evaluates complication and infection incident rates from Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) survey results along with primary research about women's healthcare preferences. It is the only award recognizing excellence in patient safety based on robust criteria that consider patient satisfaction and clinical excellence.

To receive the award, hospitals must also use an Inpatient Safe Surgery Checklist to assess effective communication and safe practices during three perioperative periods: prior to administration of anesthesia; prior to skin incision; and prior to the patient leaving the operating room or procedural area.

Parrish Medical Center is one of 451 award recipients representing the hospitals that have

met the highest standards for patient safety in the U.S. by the Women's Choice Award.

"We are honored to serve our community with excellence, and proud of our care partners [employees, physicians and volunteers] who, once again, have demonstrated our dedication to providing superior levels of quality, safety and healing patient experiences," said George Mikitarian, PMC president and CEO.

For more information about the 2017 America's Best Hospitals for Patient Safety, please visit <https://www.womenschoiceaward.com/awarded/healthcare/>.



Grand Opening!

Brevard Health Alliance will be hosting a GRAND OPENING of their new facility in Port St. John and everyone is invited!

The event will be held on Wednesday, April 5th from 3 - 6 pm at 7227 N. US Hwy. 1, Suite 300.

The new facility offers the following services:
 Pediatrics Family Medicine
 Dental Behavioral Health
 Resource Specialty
 Medication Assistance Program

Come on out, meet our new neighbors and enjoy some fun; face painting, a balloon artist. Light snacks will be provided.

For more details, please call Lisa Dortor at 321-877-2747.

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Rose's Room

Sometimes old fashioned is just better.....

My doctor recommended Pilates to fight the effects of Fibromyalgia and as an outlet for stress. My schedule and my wallet agreed classes were out, so I bought a "Pilates Made Easy" DVD and headed home full of energy and good intentions.

I came to a screeching halt when I remembered it took me close to two years to learn how to activate the huge electronic device in our living room. There's a remote for the television, one for the DVD player, one for the VCR player and one for the sound; none of which has buttons labeled anything resembling "On or Off."

Digging out my poor, battered credit card I headed to the electronic store that was advertising a simple 13 inch TV/DVD player on sale.

The smiling young male face on the box should have given me a clue that a mature female may experience a few problems.

Unboxing my purchase, I eagerly opened the correct instruction manual... I had a choice of French, German, and Spanish... Only to realize it didn't really matter because I didn't understand one word after "Congratulations on your purchase! An extended warranty can now be purchased for only- - -."

Putting the book aside I studied the face of the television. There are 6 buttons. Two for volume, two for channel selection, and two red ones.

The remote has 39 buttons, ranging from "Select" to "Return" to "+100/100". Not one that says On or Off.

I find one that is labeled "Open/Close" and insert the tape.

A menu of options pops up in French, German and Spanish. None of which has the word "Play" in them.

I click "Enter" and the instructions read to keep clicking until I get the feature I want. I was hesitant to proceed because the IT guy that fixes my computer at work threatened to back wire my key board if I kept doing that.

Pressing on, I pass "Display," "Title" and "Stand-by." Still no "On" or "Off."

Admitting defeat, I unplug the silly thing and pick up the exercise manual that came with the disc.

"Inhale while bending-exhale while stretching" I can do...or so I thought.

Not one to be deterred... also not having the ability to stretch, twist, reach and bounce in sync with a 90 pound muscular smile with legs, I head



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down another road.

I'm sure it comes as no surprise to my readers to learn that I do not follow instructions well. In my own defense, I must say I would be more likely to do so if they weren't written by a masochistic foreign-exchange student.

I recently became the proud owner of a large conglomeration of metal, plastic, and wires that has the appearance of being invented during The Spanish Inquisition.

The TV commercials show another young, blonde, 90-pound (Do they know there is a whole 'nuther human race?) wisp of womanhood insanely happy to be pumping her legs and arms in perfect rhythm while an equally young, pony-tailed, 'rack of muscle' cheers and applauds from the sidelines. They promise the pounds and inches will melt off if I use the machine for just a few moments a day.

The inches might melt off, but I'm sure the casts I am likely to acquire will add pounds.

The instructions sound easy enough:

1. Place your hands on the front cross bar.
2. Place your right foot on the right foot pedal.
3. Place your left foot on the left foot pedal.

4. Begin gliding.

Hanging on to the cross bar, I placed my right foot on the right pedal. It immediately shot forward causing the upright front bar to swing backward, thereby slamming into my chest.

Upon catching my breath, I once again placed my right foot on the right pedal – holding the upright bar this time. I then placed my left foot on the left foot pedal.

When the left foot pedal shot forward I shifted to avoid the upright bar, and the right foot pedal shot backward — my foot still in it.

Grabbing the upright bars with both hands threw my center of gravity backward causing both feet to glide forward. I quickly removed my right foot from the right foot pedal and placed it on the floor. The left foot pedal — with my foot still in it — glided backward banging into my right ankle.

I removed my left foot from the left foot pedal, quickly sat on the floor and grasped my right ankle firmly with both hands; simultaneously creating new usages for words I didn't know were in my vocabulary.

I wonder how many calories are burned per

vowel? That might be a good thing to know. I may be using a lot of them!

Rose Padrick

www.rosesroom.com

Martin Andersen Senior Center Dances

Martin Andersen Senior Center will host a Singles/Couples Ballroom Dance on Saturday, April 8th. Doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m.

MASC will also host a dance on April 22nd. Doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m.

Free snacks, BYOB. Music will be provided by Janice and Rene. The cost is \$6; \$5 for members.

Call Martin Andersen Senior Center at 321-631-7556 for more information.

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COMMUNITY CALENDAR

Alcoholics Anonymous meets in PSJ on **Sundays** at 5 p.m. and Tuesdays at 7:30 p.m. at 4797 Curtis Boulevard (St. Patrick's Church).

Overeaters Anonymous meets in PSJ on **Saturdays** at 9:30 a.m. at the PSJ Library. Visit oaspacecoast.org for other meeting locations.

Nar-Anon: Support group for those affected by someone else's addiction, meets on Mondays, 7:00 - 8:00 pm at 1st United Methodist Church, 825 Forrest Ave., Cocoa www.naranonfl.org.

4-1 April Fool's Day

4-5 American Legion Auxiliary, Unit 359, General Membership Meeting on the 1st Wednesday of each month, 6 pm at the Post Home, 7260 S. US 1, just north of PSJ. Call President Dorothy O'Rourke at 321-268-1632.

4-4 Compassionate Friends Support Group meets the first Tuesday of every month at 6 p.m. in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

4-7 World Health Day

4-9 Multiple Sclerosis Self-Help Group meets

on the 2nd Sunday each month (except Mother's Day & Nov.), 2 PM, at the Cocoa Library. Contact Kevin Kelly at 636-0235 for info.

4-9 Word Weavers Space Coast, a critique group for Christian writers, meets the 2nd Sunday at 2:00 p.m. at the Central Brevard Library in Cocoa. Visitors are always welcome. Email angelagardnerwrites@gmail.com for info.

4-9 Calling all Christian authors! Dynamic writers group in Cocoa, Fla. offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30pm at Cocoa library). Contact D.P. Clarke at 1royaldy@gmail.com for more information. Print "Writers Group" in Subject.

4-11 Passover Begins

4-12 'Remembering Through Sharing' - a support group for families that have experienced a pregnancy loss, stillbirth or loss of an infant. Meetings are 7 pm - 8:30 pm on the 2nd Wednesday of each month at Cape Canaveral Medical Plaza, Cape Canaveral Hospital. Call April or Jamie at 321-799-7151 for more info.

4-13 Canaveral Groves Homeowners, Inc. meets on the 2nd Thursday each month, 7:00 PM in the Fellowship Room of Discovery Christian Church, 3925 Grissom Pkwy.

4-14 Brevard Women's Connection meets at Rockledge Country Club from 11 am until 1 pm on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For information, call Mary at 636-4713 or e-mail her at mdean44@cfl.rr.com.

4-16 Easter

4-17 Moonport Modelers RC Club meets at 6:30 pm, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville. For more info, call Wayne Mendez, 505-2361.

4-19 American Legion Post 359 meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Please contact the Post at 268-1632 for assistance with your membership or information.

4-21 PSJ Business Connections Luncheon, sponsored by the Titusville Chamber of Commerce, meets on the 3rd Friday of the month at 12:00, PSJ Library on Carole Ave. Call Dennis Watkins at 267-3036.

4-22 Earth Day

4-25 Moonlight Quilters Guild meets at the North Brevard Library in Titusville, 2121 Hopkins Ave. on the 4th Tuesday of each month. Meet and greet & refreshments at 6:15, meeting at 6:30 usually followed by a program or guest speaker. Call 321-567-5424 for more info.

Congratulations to:

Brianna Romans turns **23** on the 1st.
Jeremy Rausch turns **16** on the 1st.
Vickie Wiedman gets spanked on the 2nd.
Joe "Beef" Lessey turns crazier on the 2nd.
April Staner has a party day on the 3rd.
Bobby Hudspeth parties wild on the 5th.
Lydia Hudspeth turns **19** on the 6th.
Bill Aglitz turns the big **5-0** on the 8th.
Dylan Thomas turns **18** on the 9th.
Madison Thomas turns **13TEEN** on the 9th.
Lori Johnson remains beautiful on the 9th.
Jason Wolfe turns **16** on the 10th.
Amanda Hosler is **24** on the 12th.
Ryland Travis turns **6** on the 12th.
Dawne Parker turns cuter on the 14th.
April Blake turns cooler on the 16th.
Jamie Kline has a spanking day on the 16th.
Christina D'Amico turns **23** on April 18th
April Higgs turns **28** on the 19th.
Donnie Crouse turns smarter on the 20th.
Dusty Stricker turns **24** on the 24th.
Pamela Mann turns more lovely on the 25th.
Kolby Davis turns **25** on the 26th.
Wanda Daugherty turns hotter on the 27th.
Jaden Travis turns **13TEEN** on the 29th.
KC, Happy Birthday! Love, Joe. Spankings and champagne on the 28th!
Elizabeth Blum turns **Sweet 16** on the 29th.
Sonny & Gayle Wardlow celebrate their 38th on the 14th. It's Party Time!
Randy & Michele DeVane celebrate their 22nd on the 14th.
Paul and Sarah Bennett celebrate their 3rd Wedding Anniversary on the 5th!!
Brenda and Bill Townley celebrate their 21st wedding anniversary on the 5th.
Michael & Cheryl Rausch celebrate their 35th on the 17th.
Gary & Holly Turner celebrate their **40th** (Bahamas!!) Anniversary on the 28th.
*We have lots of room for more good news.
 Email inputs to happenings1@att.net.*

Important Phone Numbers

County Commissioner -	264-6750
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Center	637-6670
Waste Management -	636-6894
Roadway Maintenance -	264-5084
SCAT Bus Information -	633-1878
Port St. John Library	633-1867
PSJ Community Center -	633-1904
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Campus Charter School -	633-8234
Space Coast Jr/Sr High School -	638-0750
Sexual Offender Registry -	
www3.fdle.state.fl.us/sexual_predators/	



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General Information

Please monitor our website for any future news and announcements on upcoming registration and events. Do not forget to look at our website for great gear and ways to support your Space Coast Panthers.

Space Coast Panthers general board meetings are currently being held tentatively every 2 weeks on Tuesdays at 7:30 pm. Everyone is welcome to join us and have a voice in the success of our league. Dates will be posted on our website and on our Facebook pages as they are scheduled.

Come out and watch our Cheer Team compete in competition and put their skills to the test. The venue is Florida Finals National Championship on Saturday, April 22nd at Silver Spurs Arena, in Kissimmee, FL.

Good Luck to all our Space Coast Panthers who are competing in this competition. We know you will represent our league and showcase the talents of our very best.



Registration

Flag registration has ended and the season is in full swing with games being held every Saturday. Soon we will be starting to turn our focus to the upcoming 2017 Fall Tackle\Cheer season. Monitor the website for registration dates and information.

Volunteers Needed

The Space Coast Panthers have been a huge success and it could not have been done without the help from the

Coaches and volunteers. Space Coast Panthers Coaches and Board members are all volunteers and give their personal time up to train and help the boys and girls of our league. We are always in need of more volunteers for coaches and board members. We are currently seeking volunteers for the Fall Season. Please speak with a board member or contact us through our website. This is a great way to give back to your community and help make a difference.

Business Partners Wanted -

Need to receive substantial exposure for your business? Want to make a positive impact on the youth in our community? Could you benefit from a tax deduction? We are always accepting new sponsors and we have a plan to meet your needs! Sponsorship forms are available online, www.SpaceCoastPanthers.org. Contact Joshua Skorude via email for more information @ joushuascpanthers@hotmail.com.

For more information:

www.spacecoastpanthers.org

<https://www.facebook.com/SpaceCoastPanthers>

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Meagan Barney



*Honoring our nations Flag –
#1 Lani Procell; #12 Maddie Boren; #17 Peyton Farley*



*Getting a hit –
Kearstson Eberhardt*



Esther Camick



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Savannah Ogletree



What FIERCE Looks Like

Haley Butler



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Expires 4-30-17
Pick-up or Delivery Only.
Delivery Charge \$1.50
Minimum for Delivery \$10.00
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Coupon or Discount.

FREE
Small Cheese Pizza
When You Buy 2 Calzones
at Regular Price



Expires 4-30-17
Pick-up or Delivery Only.
Delivery Charge \$1.50
Minimum for Delivery \$10.00
Not Valid With Any Other Offer,
Coupon or Discount.

FREE
Small Pepperoni Pizza
When You Buy 2 Large
Pizzas at Regular Price

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Pick-up or Delivery Only.
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Minimum for Delivery \$10.00
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Coupon or Discount.

10 Wings &
A Large
1-Topping Pizza
\$19.99 +Tax



Expires 4-30-17
Pick-up or Delivery Only.
Delivery Charge \$1.50
Minimum for Delivery \$10.00
Not Valid With Any Other Offer,
Coupon or Discount.

Large One Topping Pizza
and a Medium Greek
Salad
\$17.99 +Tax

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Parrish Medical Center (PMC) has been named one of The SafeCare Group's 2017 "Top 100 SafeCare Hospitals®".

In fact, Parrish Medical Center was one of only three hospitals in Florida—and the *only* hospital in Central Florida to make the Top 100 list.

In 2014, *Consumer Reports* named Parrish Medical Center Florida's safest hospital. And PMC has earned straight 'A's for hospital safety from The LeapFrog Group—the most of any hospital in Brevard since 2012.

We save more lives through safe practices.



Healing Families—Healing Communities®

parrishmed.com

Kentucky Derby Garden Party Luncheon and Fashion Show

The Women's Center will be hosting the "Kentucky Derby Garden Party" Fashion Show, on Friday, May 5th from 11 a.m. to 2 p.m. at the Hilton Rialto, located at 200 Rialto Place, Melbourne. The luncheon will feature guest speaker Dr. Jenny Gessler, PhD, Director of the Women's Center, who will be accompanied by a client during the presentation.

The "Kentucky Derby Garden Party" will be complete with Mint Juleps, big hats and derby cuisine. The Fashion Show will feature spring attire and accessories from La Moda Boutique and Bobbi's at Parkside, with shoes by Swanky Sole. All models will be well known women in the charitable community. Other exclusive vendors will have fashion items available to purchase, and there will also be a live and silent auction and 50/50 raffle.

The public is welcome. Luncheon tickets cost \$60.00 each and reservations can be made at www.womenscenter.net or by calling Rosemary Bain at 321-684-3507. Sponsorships are available.

Domestic violence affects one in every four women, and over 100 children are abused every hour. The Women's Center in Brevard serves over 10,000 women and children annually. The agency's goal is to assist in creating safe, healthy, self-sufficient lives by providing support, education, counseling, information and services to survivors of domestic, dating and sexual violence, and those suffering the ill effects of poverty, homelessness and mental health challenges. The Women's Center is a 501 (c) 3 United Way agency. For more information, visit www.womenscenter.net.

Florida Master Naturalist Training

Learning more about Florida's natural environment now is possible through the Florida Master Naturalist Program (FMNP), an environmental education extension program being offered in partnership with the University of Florida-Institute of Food and Agricultural Sciences (UF-IFAS) and participating organizations throughout the state.

The FMNP both informs and prepares persons to share information about Florida's natural world and environmental history. The FMNP is not a degree-seeking program. The program is appropriate for both the novice and the highly skilled environmental professional.

Registration is now open for the Coastal Systems Module being taught at Riverwalk-A Family Park, 5355 U.S. Highway 1, Rockledge. Completion of the 40-hour program results in registration in the UF-IFAS Master Naturalist Program database as a FMNP Coastal Habitats Naturalist. Additional modules will be available in the future, including Freshwater Wetlands and Upland Habitats Systems. Registration for the Coastal Systems Module closes on April 17.

Course Dates: Friday evenings and Saturday days, April 21 through May 20. Refer to FMNP Web site, www.MasterNaturalist.org, and click on "Current Course Offerings" for class times.

Registration: Can be filled out online by visiting www.MasterNaturalist.org and clicking on the "Current Course Offerings" link.

Cost: \$225, which includes 40 contact hours of instruction, a comprehensive student reference workbook, and, upon completion, registration in the UF FMNP database as a Coastal Systems Naturalist. A UF-IFAS certificate of achievement, embroidered FMNP patch, and FMNP Coastal lapel pin also will be provided at completion. Certified teachers attending the course may be able to receive 40 hours of in-service credit. UF offers a reduced rate for anyone in the same household sharing a set of books.

Program: Training for the Coastal Systems Module includes classroom instruction, field trips, and practical interpretive experience related to the general ecology, habitats, vegetation types, wildlife, and conservation issues of Coastal Systems in Florida, including: Coastal Uplands, Estuarine, and Nearshore Marine Environments. The program also addresses society's role in coastal areas, develops naturalist interpretation skills, and discusses environmental ethics.

Certified FMNP Provider Brandon Smith will be the principal instructor. He has been teaching environmental education for over 11 years and oversees Riverwalk-A Family Park, a 6.37-acre nature preserve and center, located at 5355 US Hwy 1 in Rockledge. The park is open Tuesday through Sunday from 9 a.m.-5 p.m. For more information on this and other programs you may call the nature center at (321) 433-4490 or email riverwalk@brevardparks.com.

For more information about the Coastal Systems Module training or about the FMNP in general, contact the individuals listed above or log on to the official FMNP Web site at www.MasterNaturalist.org.

***Your job won't take care of you when you are sick.
Your friends will. Stay in touch.***

April 30th, 10 am - 4 pm Courtyard by Marriott Cocoa Beach

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pieces of clothing.**

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Shopping done!**

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Come out to 1st United Methodist Church, 1165 Fay Blvd, Port St. John (behind CVS), on Saturday, April 8th from 10am - 12pm. The Hunt is open to children ages 2 thru 10 years.

Bring your own basket and join us for the 14th Annual Community Easter Egg Hunt and MORE!!! There will be egg decorating, face painting, games, prizes, egg hunts broken down by age group.

The Easter Story will be told and a SPECIAL PRIZE to those that participate in all activities. So come out and see what else is in store at the HUNT. Questions? Call the office at 631-0183.

Celebrating the resurrection

Sunday, April 16, 2017. (See times below)

– **Sunrise Service** at 7 AM, Nicol Park, 6660 N. Cocoa Blvd, Port St John. (Across US 1 from the church).

– **Breakfast** immediately following Sunrise Service in the church's Fellowship Hall.

– **Worship Service** in the church's Sanctuary at 10 AM.

First United Methodist Church
1165 Fay Blvd, Port St. John (behind CVS)

PMC Makes Top 150 Great Places to Work

In March, Becker's Hospital Review released its annual "Top 150 Great Places to Work in Healthcare" list. For the second year, Parrish Medical Center (PMC), a Parrish Healthcare integrated care partner, earned a spot on the list, which, according to Becker's, recognizes organizations committed to fulfilling missions, creating outstanding cultures and offering competitive benefits to their employees.

Becker's Hospital Review is one of five industry-leading trade publications from Becker's Healthcare, a business and legal information source for healthcare industry leaders.

"We work hard to create an engaging, healing environment in which our employees can do, and be, their best, on behalf of the patients and families we serve," said George Mikitarian, PMC president and CEO.



Post 359 - American Legion Riders presents **Bike Days at the Tiki**

April 8th, 2017, 1 - 5:00 p.m.
Banjoman Franklin is performing.

On The Grill: Burgers and dogs with fixin's - \$6.00.

Drawings, 50/50 and ALR t-shirt sales.

Come play Cornhole or throw some shoes in our New Horseshoe Pit.

\$1 Jello and Pudding Shots.

7260 S. US Hwy. 1 Bellwood (just north of Port St John), 321-268-1632.



The Head Start Program with Brevard Public Schools will be opening a 3 and 4 year- old Pre-K program at Enterprise Elementary next school year (2017-2018).

If you have Pre-K age children and you want more information, contact Cindy Wortham, Head Start Family Advocate, Riverview School at 269-2326, Ext. 5018.

Easter Sunrise Service

Frontenac Baptist Church "Riverview" Easter Sunrise Service for the Community on Sunday, April 16th at 6:45 am. Refreshments in the fellowship building following the service.

The church is located at 5500 N. US Highway 1, Cocoa. Please call (321) 636-1369 or email frntenac@bellsouth.net for more information.

Martin Andersen Senior Center Dances

Martin Andersen Senior Center will host a Singles/Couples Ballroom Dance on Saturday, April 8th. Doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m.

They will also host a dance on April 22nd. Doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m.

Free snacks, BYOB. Music will be provided by Janice and Rene. The cost is \$6; \$5 for members.

Call Martin Andersen Senior Center at 321-631-7556 for more information.

Adults of all ages are welcome to our dances.



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Out on the Town

Since Happenings also covers the Canaveral Groves area, I felt the need to do a monthly restaurant review on Jabbers. I drive by it occasionally, but haven't eaten there in years.

Jabbers is located at 4365 Grissom Parkway, just a little ways south of Canaveral Groves Blvd. They promote themselves as a sports bar, but they also have a large dining area that seats quite a few people. They also have an outdoor area. I didn't go out there, I assume it was for the smokers.

My wife and I ate dinner here twice this past month, since we liked the first meal so much. So this review will cover both meals. To start out with, and for those who read my reviews every month, you know how I dislike the restaurants who serve those battered or coated French fries. If you like those type of fries, that's fine, but not everyone else does. I just don't understand this trend of only serving the battered or coated fries and not giving a choice to have regular traditional



French fries. Right off the bat, I got a good feeling about Jabbers when inquiring about the type of fries they serve and found out you actually have a choice. Not only can I get the good ole fashioned crinkle cut fries, but I can also get my Coors lite at Jabbers. I like this place already and my meal hasn't even arrived yet.

On our first visit, my wife ordered the liver and onions, but ordered it without the bacon. The liver was very tender and tasted like home cooking. She said the liver was excellent and would definitely order it again.

I ordered the double stack country-fried steak, which the waitress said was one of their most popular dishes. The steak was tender, the batter was flavorful and so was the gravy. As for my sides, I ordered fried okra and of course, those delicious traditional crinkle cut fries that were fried to perfection.

On our next visit, both my wife and I ordered hamburgers. She got the Mushroom and Swiss Burger with a side of sweet potato fries.

I ordered the Casa Burger, which is basically a bacon & cheese burger. I also like the idea of Jabbers allowing me to order my burger cooked medium, and I must say, it came out and was cooked exactly as ordered. Needless to say, I ordered the regular crinkle cut fries to go with my burger.

Jabbers is open daily except for Monday and can be reached by phone at 321-638-4130, or visit their website at <http://www.jabbersofcocoa.com/welcome.html>. If you can't eat in, you can call your order in for pickup.

So if it's home cooking, burgers or just bar food your looking for, Jabbers is the place. They claim they have great wings, so I'll try those on my next visit.

- Ken Carson

You really want to do that! - R.R., Editor

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IV sedation now available for our anxious patients – Have all your dental care completed in 1 or 2 appointments and wake up to a new “SMILE”!

Benefit Golf Classic

Jess Parrish Medical Foundation (JPMF) has announced the law firm of Zumpano Patricios & Winker, P.A. as presenting sponsors for the Fran Gerrett Memorial Golf Classic on Friday, April 21. More than 220 golfers are anticipated to play in the two-course tournament with all proceeds benefiting The Children's Center (TCC), a service of Parrish Healthcare, which provides children with developmental delays and other disabilities a safe and healing environment to learn and grow. "It is our honor to be the presenting sponsors of the Fran Gerrett Memorial Golf Classic for the third year. Providing health, education and care for families and children with and without special needs is of vital importance to the community. The Fran Gerrett Memorial Golf Classic is a wonderful show of support for TCC's education, therapy and tutoring programs," said Joseph I. Zumpano, shareholder at Zumpano Patricios & Winker, P.A.

Registration begins at noon, with a shotgun start at 1 p.m. Tournament players can choose between two golf courses – the members-only La Cita Golf & Country Club or The Great Outdoors Golf Club with the beautiful nature of the St. John's wildlife. Golf teams may choose their preferred course on a first-come, first-served

basis with paid registration. The cost per player is \$85, which includes golf, lunch and dinner. The tournament format will be a four-player scramble with fun contests, including a chance to win a \$1,000 cash prize when purchasing a raffle ticket for \$20. Participants need not be present to win. Winners will be announced immediately following the awards ceremony.

Sponsorships are available from many different levels designed to show community support and corporate partnership. Sponsorship opportunities for the tournament begin at \$500.

Fran Gerrett served as the director of Materials Management at Parrish Medical Center for 24 years. Fran passed away in 2012, but the annual golf tournament lives on as a tribute to his long-time dedication to our community and favorite charity, The Children's Center. The golf classic is organized by community leaders and volunteers. Event co-chairs are Kathy Myer and Greg Sparkman. Other members include Santi Bulnes, Amy Craddock, Anita Currie, Lori Duester, Amy Lord, Esther Porta, Leigh Spradling, Robert Wildermuth, Misty Wilson and Suzanne Yarbrough.

For more information or to purchase general admission and raffle tickets, please call Jess Parrish Medical Foundation at (321) 269-4066 or visit www.parrishmedfoundation.com/golf.

Port St. John Public Library

April Calendar of Events

(321) 633-1867

Mon., Tues., Fri., 9 am - 5 pm; Wed., 12 - 8 pm; Thurs., 10 am - 6 pm; Sat., 10 am - 2 pm

Yarning for a Cause: Mondays, 10 am-1 pm.
Master Gardener's Garden Clinic: Monday, 2-4 pm. Our master gardener will answer your plant questions. Bring samples.

Senior Games: Tuesdays, 11:00-3:00 pm. Card games, Rummikub, Dominoes, etc. Bring your favorite game and lunch or a snack.

SHINE - Serving Health Insurance Needs of Elders: Tues., Noon-3:00 and Weds, 1-4:00pm. Counselors assist seniors and the disabled with Medicare and Medicaid questions. Call for an appointment time 321-222-7981.

STIR: Story Time for Independent Readers: Thursdays, 3:30-4:30. 1st grade and up. Pre-registration required.

Story Time: Fridays, 10:30. All ages welcome.

Yarn Club: Fridays, 2:00-4:00 pm. Knit, crochet and needle arts. Sit, talk and create. All ages and abilities welcome. Want to learn? We can help!

Overeaters Anonymous: Saturdays, 9:30-10:30.

Meetings and Events:

- Apr. 1, 5:30pm **Spring Festival!**
Friends of the Port St. John Public Library Spring Festival, with crafts, snacks & stories. **Everyone is invited.**
- Apr. 5, 5:30pm Adult coloring club
- Apr. 8, 10am-Noon Port St. John Pokémon Club
- Apr., 10 5:30pm Port St. John Public Library Advisory Board meeting
- Apr. 12, 6:00pm PSJ Special District Advisory Board Meeting
- Apr. 13, 10 - noon North Brevard Homeschool Co-op
- Apr. 19, 1-3:00pm Bookworms Adult Book Discussion Group.
- Apr. 19, 6:30-7:45pm Sunrise Village
- Apr. 21, 11:45am Titusville Chamber of Commerce Business Luncheon
- Apr. 22, 10am-Noon Port St. John Pokémon Club
- Apr. 26, 5:30pm Friends of the Port St. John Public Library membership meeting
- Apr. 27, 10 - noon North Brevard Homeschool Co-op



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Specialized Pediatric Care In Brevard County

Nemours.

Children's Health System



Newborns and pediatric patients at Parrish Medical Center (PMC) are now receiving world-class in-hospital care from Nemours' pediatric specialists. Parrish Healthcare and Nemours Children's Health System have formed a collaborative agreement to bring Nemours-employed pediatric specialists to Parrish Medical Center. The Nemours physicians provide in-hospital care to babies born at PMC as well as all other hospitalized pediatric patients. The Nemours physicians will stay in close communication with the families' pediatrician and once released to go home, the pediatric specialists will continue to follow up with the families' primary care provider.

"The relationship between PMC and Nemours gives parents great assurance about the quality of care their children receive in the hospital," said George Mikitarian, PMC president & CEO. "Nemours is a standard-setter for pediatric care, earning numerous awards for quality care, the safety of its patients, and patient and family experience. In those areas, Nemours and PMC have much in common," Mikitarian added. "This agreement promotes PMC's mission of providing healing experiences for everyone all the time."

The PMC-Nemours relationship also speeds up the transfer of pediatric patients needing specialized care from PMC to Nemours Children's Hospital in Lake Nona Medical City. Nemours Children's Hospital opened in 2012 to provide pediatric care previously not available in this area.

"Nemours wants to bring our pediatric expertise closer to families and this new agreement with PMC is the perfect way to do that," said Martha McGill, chief of network operations for Nemours Children's Health System in Florida. "In PMC we know we have an organization that shares our dedication to patient safety and delivering the highest quality care."

Nemours Children's Specialty Care at The Children's Center

Additionally, Nemours and PMC have established clinics for heart, lung, kidney and soon, allergy conditions at The Children's Center.

The Children's Center, a service of Parrish Healthcare, is located at 5660 S. Washington Avenue (U.S. Highway 1) in Titusville. It's a one-stop childhood development resource center, providing an array of health, education and human services through many nonprofit community agencies for children of all ages and abilities and their families.

Pediatric patients throughout the county with serious heart, lung and other risk conditions can now see Nemours pediatric specialists and subspecialists and other healthcare professionals at the center in Titusville. The PMC-Nemours relationship is the culmination of discussions between the organizations that began in early 2016.

The present agreement was reached in a series of steps, said Edwin Loftin, PMC vice president of acute care services and chief nursing officer. "Through this arrangement, Nemours is a member of the fast grow-



ing Parrish Health Network of healthcare providers that through PMC achieved first-in-the-nation certification for integrated care," said Loftin. "This means Parrish Healthcare members are working together for pediatric patients in a proven way parents can trust."

The PMC-Nemours relationship has been welcomed and embraced by families and Parrish Health Network pediatricians, he added. "Our pediatricians saw this as a twofold advantage: first, they could spend more time at their offices serving patients and not have to be continually traveling to and from the hospital," he said. "They also are able to collaborate with Nemours specialists, and vice-versa."

Dr. Ruth Rodriguez is one of the Nemours pediatric specialists at PMC. She said PMC's healing environment and relationship with staff and PMC pediatricians all work together for pediatric patients and their families. "Nemours and PMC have the same philosophy, which is to improve outcomes through evidence-based best practices and work daily to increase the body of evidence and improve even the best of the best practices," Dr. Rodriguez said. "The beneficiaries are children and their families, and it's a great privilege to be part of this program."

The relationship also gives PMC access to Nemours pediatric-focused patient education and professional continuing education. "PMC's vision is 'healing families, healing communities'" said Mikitarian. "Working with Nemours further fulfills that vision, and we're excited about what the future holds."

Harmony Farms Yard Sale

Harmony Farms is having a Yard Sale on Saturday, April 1, from 8 a.m. - 3 p.m. at the Farm, which is located at 2205 Pluckebaum Road in Cocoa. Proceeds will benefit Harmony Farms, a not-for-profit charity that provides equine assisted therapy for disabled individuals.

A wide range of great sale items will be available from household goods and furniture to horse equipment. Vendors are also wanted and can put up a table for \$20. Those interested can contact Sanna at 908-304-2413. More information about Harmony Farms can be found on our website, <https://www.harmonyfarmsinc.com/>.

Boom! Gimme Taxes!

What happens when the tax bill comes due on retirement accounts? They have been on the leading edge of nearly everything since the first of them were born in mid-1946.

Now the earliest baby boomers are on the verge of another big moment – and it's one that many of them might prefer to avoid. This year, the first baby boomers began turning 70½, which means by law they are required to begin making withdrawals from their 401(k) and IRA accounts – whether they want to or not.

“Basically, the reason for these mandatory withdrawals is that Uncle Sam wants his tax money,” says Alexander Joyce, president and CEO of ReJoyce Financial (www.ReJoyceFinancial.com). “These are tax-deferred accounts, so people are able to avoid paying taxes on the income they contribute to them. But that's true only for a while. The money is taxed when you withdraw it. And when you turn 70½, even if you would like all the money to stay where it is, you have no choice but to begin taking money out of it.”

The first year, about 3.65 percent has to be withdrawn from the tax-deferred retirement accounts. Each year after that the withdrawal percentage increases based on an IRS formula.

Fail to withdraw the money – or withdraw too little – and you face a hefty penalty.

But there are strategies retirees can use to avoid the tax, Joyce says. He usually recommends his clients consider moving the money to an asset-based long-term healthcare program.

Some of the advantages of doing that include:

- Tax avoidance. There is no tax penalty to move the money from the retirement account to the asset-based long-term healthcare account.

- Multiple benefits. The program is an interest-bearing account that provides income if needed, liquidity if needed, and covers long-term healthcare if needed.

- Beneficiaries aren't left out. With traditional long-term healthcare insurance, any unused money goes to the insurance company when the person dies. There is no benefit for beneficiaries. With asset-based long-term healthcare, any excess money goes to the beneficiaries. “Your family will get it, not the insurance company,” Joyce says.

Joyce says he began recommending the asset-based long-term healthcare to his clients about

three years ago as it became clear that push was going to come to shove with those required-minimum withdrawals.

The baby boom that began in mid-1946 continued until mid-1964, according to the U.S. Census Bureau, which means plenty of people will be reaching the age 70½ over the next couple

of decades.

“Anyone with a 401(k) or an IRA needs to know the rules and what they will be facing,” Joyce says. “I'd also recommend that they start talking to their financial professional about what their options might be so they are able to keep as much of their money as possible.”

Viper's Project Graduation Booster Club April 2017



Join Project Graduation for our
Shopping Extravaganza

APRIL 1, 2017

10am—3pm

Day Spring Church

4725 Fay Blvd

(next to Family Dollar)

Something for EVERYONE!!

50/50 Drawing Baked Goods

Raffles Give aways Door Prizes

Rain or Shine

Any & all vendors welcome. This event is rain or shine. \$25 gets you a spot. Check in is first come 1st served starting at 8am with all vendors being set up by 9:30am. We are trying to get 1 vendor per product line with the exception of LuLaroe because their inventory varies

Golf Tournament 2017



Saturday April 8th
2017

Tee Time 12:45 pm

Lacita Country Club
Titusville, FL

\$70.00 per person

If you would like to Play or Sponsor a hole please Contact Bob Ramsey at 321-720-0512 or psjrambo@gmail.com

All proceeds go to support Vipers Project Grad 2017

- Prizes
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- 50/50 Drawing
- Mulligans
- Drive for \$5
- Longest drive
- Closest to the pin
- Food served after golf



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The Lamp Stand

A monthly Church Bulletin Board for the community.
Attend a Church of Your Choice!

Blessed Sacrament Catholic Church

5135 N. Cocoa Blvd., Cocoa, FL, 321-632-6333
www.blessedsacramentcocoa.org
Saturday Mass, 4:30 pm.

Sunday Masses at 8:30 AM & 10:30 AM
Reconciliation at 3:30 PM on Saturdays

Brevard Zen Center

1261 Range Road, Cocoa, FL
Buddist Sunday Service 9:00am
Meditation in the Zendo 7:00pm

Calvary Baptist Church, 321-636-8056

1 1/2 miles south of 528 overpass, east side of US 1
Pastor Jay Frazier www.calvarybaptistincocoa.org
Sunday Morning Svc. - 10 a.m. (nursery provided)
Sunday Eve. Service - 6 pm, Wed. Evening - 7 pm

Christ Central Church, 321-636-7671

2010 N. Cocoa Blvd., Cocoa
ChristCentral51@gmail.com
www.cocoachurch.org

Bible Class: 9:00 – 9:45 AM

Worship Service: 10:15 – 11:30 AM

Christian Church at PSJ, 4645 Fay Blvd.,

Pastor Larry Sparrow, ccatpsj.org
ccatpsj.org -- email: ccatpsj@rocketmail.com
Sunday - Bible Study 8:30 a.m. Worship at 9:30.
Wednesdays - Youth Group, 7:00 p.m.

Church of Jesus Christ of Latter-day Saints

3000 South Street, Titusville

Two Wards meet in this meetinghouse:

Cocoa Ward... Bishop Kline

Cocoa Ward Sacrament Meeting, 12:00 PM

Titusville Ward... Bishop Newman

Titusville Ward Sacrament Meeting, 9:00 AM

Coastal Community Church, 639-7346

5795 Falcon Blvd., PSJ: coastalcommunity.net
Services on Sunday, 9 & 10:45 am.

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Cocoa Presbyterian Church, 321-631-3956

1404 Dixon Blvd., Cocoa, cocoapc@att.net
Sunday: Church school 9:15 pm/Worship 10:30 am
Nurseries and Children's church

Cocoa 7th Day Adventist Church & School

1500 Cox Rd, Cocoa, Pastor Amado Luzbet
Church 632-0640 Sch 636-2551; www.cocoasda.org
Saturday Sabbath School classes all ages, 9:45 am.
Worship at 11:30 am; Wed. Bible Study, 7:00 pm.

Community Alliance Church

321-639-1717. 4855 Fay Blvd., PSJ

Sunday School (all ages), 9:30 am

Sunday Worship 10:45 am and 6:00 pm.

Wednesday Youth, 7 pm.

Covenant Life Fellowship (321) 639-7734

Non-Denominational - Pastor Jamie McIlwain
3770 Curtis Blvd., PSJ.



Tolerance of other faiths imparts to us a truer understanding of our own.

Sunday Service, 10:30 am

Wednesday Worship, 6:30 pm

Day Spring Church, (407) 516-5767

4725 Fay Blvd.,

Kid's Service: Wednesday, 6:30 pm

Service: Sunday, 10:30 am

Prayer Time: Sunday, 6:30 pm

Discovery Christian Church (321) 636-0316

3925 Grissom Parkway, Canaveral Groves

Bill Thompson - Preaching Minister

Sunday School - 9:30 a.m. Classes for all ages.

Worship Service: 11:00 a.m.

First Assembly of God (321) 632-5228

3757 N. US Hwy. 1 Pastor Les Ray

Sunday School, 9:30 am, Worship 10:30 and 6:30 pm

Wednesday, 7 pm, Bible Study: Rainbows (3-4),

Royal Rangers (boys 5-12), Missionettes (girls 5-12).

Wednesday, 7 pm, Youth Group Fellowship.

First Baptist Church of Port St. John

(321)636-5455

3900 Fay Blvd., www.firstbaptistpsj.com

Sun. school 9:15; Worship & Kid's Church 10:30 am.

Adult Bible Study, 7 p.m. Wednesday

Wednesday: TeamKids & Youth, 6:30-8 pm.

Thrift Store Hours: M,T,Th,F, 10 - 4. W&Sat, 10 - 2

Food Pantry Hours: M & W, 10 am - 1 pm

First Baptist Church of Cocoa (321)636-2868

750 Brevard Ave. in Historic Cocoa Village

Worship 11 am & 6 pm, Sunday School 9:30 am

Wednesday Service/Youth Prayer & Share, 6:30 pm

<http://baptist1.com/church/fl/cocoaifbc>

First Free Will Baptist Church

Pastor Darrell "D" Miller, 795-4780.

5311 Barna Ave. Titusville 269-4033, 268-1705

Sunday School 9:00 am, Morning Worship 10:00 am

Sunday Evening Service 6:00 pm

First United Methodist Church, (321) 631-0183

Rev. David Charlton at 1165 Fay Blvd.

Contemporary service - 9:00 am

Sunday School - 10 am; Traditional Service, 11 am

Wonderful Wednesday Worship, at 7 pm

Senior (High) Youth & Jr. (High) Youth at 3 pm, Sun.

Kingdom Kids, K - 5, meet at 3 pm. Sunday

Frontenac Baptist Church (321)636-1369

5500 N. US Hwy 1 Pastor Michael Franzone

Sunday School - 9:30 a.m.

Morning Worship - 10:27 a.m.

Pastor Bible Study, 6:00 pm

Wednesday Evening Services, 6:30 pm weekly.

Glory of God Anglican Church (321)632-6812

3735 N. Indian River Dr., Reverend Paul W. Young

Sunday, Eucharist (Rite 1) at 8 am, (Rite 2) at 10:15

Children's Church, 10 am

Good Shepherd Lutheran Church

2073 Garden St., Titusville, 321-267-4323

Pastor Bruce Alberts; titusvillelutherans.org

Traditional Worship, 8:30 am; Contemporary, 11:00

HOPE United Church of Christ, 636-0250

2555 Fiske Blvd., Pastor Clarice Mitchell

Sunday School, 9 a.m. Children's Service - 10 a.m.

Sunday Morning Service - 10 a.m. (w/nursery)

<http://www.hopeucc.com>

Ma'gen David Messianic Synagogue

Rabbi Jem Golden (321) 213-2259

3815 N. US1, Suite 123 in Cocoa Commercial Ctr.

Erev Shabbat Service - Friday, 6:30 pm

Messiah Evangelical Lutheran Church ELCA

Pastor Tom Unrath, (321) 636-0777

400 Lucerne Dr. Cocoa

Sunday Worship Service - 10:00 AM

Bible Study - Wed. 6:00 PM

Ministerio Un Nuevo Comienzo

(A New Beginning Ministry)

2010 North Cocoa Blvd., Cocoa

Miercoles (Wednesday); 7pm

Domingo (Sunday); 7pm

New Life Christian Fellowship 269-7578

Pastor Larry Linkous www.findnewlife.com

Interdenominational Multi-Cultural Ministry for

Entire Family 6755 S. Washington Ave.

Sunday - 9:00 & 11:00, Wednesday - 7 pm

Nursery & Children's Church available all services

Northwest Baptist Church, 1720 Cox Rd., Cocoa

321-638-0890; www.nwbcofcocoa.org

Sunday School for all ages, 9:00 am

Classic/Modern Worship Service, 10:30 a.m.

Sunday evening, 6 p.m.; Wed. Nights, 7 p.m.

Pentecostals of Cocoa, 636-6560

1901 Michigan Ave., Cocoa

Sunday Worship at 10am; Sunday School at 10:30am

Sunday evening Evangelistic Service, 6 pm

Redeemer Presbyterian Church 264-0035

Meeting at 5005 Barna Ave., Titusville

Worship Celebration - Sundays at 10 am

Christian Education - Sundays, 11:15 am

www.myredeemer.cc

St. Gabriel's Episcopal Church, 321-267-2545

414 Pine St., Titusville www.stgabs.org

The Rev. Rob Goodridge, Rector

Sat's: 5:30pm Rite II (Contemplative)

Sun's: 7:30am Rite I (Historical), 9:30am Rite II

(Traditional), 11:30am Rite III (Contemporary)

Wed's: 6pm Taize Mediatlional Service

Thur's: 11am Healing Service

St. Patrick's Anglican Catholic Church, 632-7634

4797 Curtis Blvd. Bishop John Vaughan, Rector

Mass Sunday at 8, 10 & 5:30 and Friday noon Mass

Wednesday Mass, 6:30 pm, then Pot Luck Supper

Alcoholics Anonymous, Sun., 5 and Tues., 7:30 pm

Narcotics Anonymous, Mondays, 8 - 10 pm.

Sun Valley Christian Church ,264-1337

4825 S. Barna Ave., Titusville, Minister Reggie Reed
 Sunday School at 9 am, Worship at 10 am & 6 pm
 Ladies Group each Tuesday and Thursday
Surfside Community Fellowship, 607-2111
 thesurfsidefellowship.com
 Pastor Dr. Erick Brookins
 Meeting at the Port St. John Community Center,
 Sunday Services at 9:00 & 10:30 am.
 Saturday night at 6:00 pm at 1st Baptist of PSJ
Titusville Church of Seventh-day Adventist
 Pastor Amado Luzbet. ALL are welcomed.
 5005 Barna Ave. 267-8893.
 Saturday Worship, 11 am. Sabbath School, 9:15 am.
 Wednesday Bible Study and Prayer, 7:30 pm.
Trinity Community Church
 Tim Merwin, Sr. Pastor
 6750 South U.S. 1 (3 miles north of Fay Blvd.)
 Sunday Celebration at 10 am
 www.sgcfcla.org sgcoffice@sgcfcla.org 268-8004
Trinity Lutheran Church & School - LCMS
 1330 S. Fiske Blvd., Rockledge, 636-5431
 Michael Hageman, Pastor
 Worship: 10:30 am
Trinity Lutheran Church-LCMC
 Pastor David Trexler | Dial-A-Story, 607-6742
 3671 S. Hopkins Ave., Titusville, FL 32780
 Sunday Worship Service 9:30am
Unitarian Universalist Congregation of Cocoa

1261 Range Road, Cocoa. www.uucocoa.org
 Sunday Service 11:00am
Unity of Merritt Island, 321-452-2625
 4725 N. Courtenay Pkwy, Merritt Island
 Reverend Rose Whitham
 Practical Christianity. Sunday Services at 10 am
 www.unitymerrittisland.org. We are on Facebook.
Victory Baptist Church, Pastor Raymond Hall
 632-6148 at 242 Capron Road, PSJ.
 www.victorythroughjesus.org
 Sunday Bible Study at 9:30 am.
 Sunday Worship Service at 10:30 am and 6 pm.
 Children's clubs and teen groups
 Prayer Service, Wednesday, 6:45 pm.
Victory Worship Center, 431-7964
 Pastors Jeff & Nancy Kleinman
 Meeting Sundays, 10AM
 Wednesday Mid-Week Manna & Prayer, 7-8 PM
 Community Center, 4201 US Hwy 1, Cocoa



Palm Sunday Service

Sunday, April 9, 2017

Contemporary Service – 9am
 Traditional Service – 11am
 --- All are Welcome ---
 1st United Methodist Church

Living Last Supper

Come experience the "Living Last Supper"



a drama presentation of the Upper Room, bringing the original scene of Jesus and his 12 disciples depicted as it would have looked in 1st century Palestine. Only One Showing! Free of charge; all are welcome.

First United Methodist Church, Port St. John
 1165 Fay Blvd (behind CVS)
 7pm on Holy Thursday, April 13, 2017.



Good Friday Service

Friday, April 14, 2017 at 7pm

Join us in worship as we remember the gift of love that was offered on the cross of Calvary.

Need more details? Call the church office at 631-0183. Office hours: Mon-Thurs 9am-3pm & Fri 9am-Noon.

1st United Methodist Church
 1165 Fay Blvd, Port St. John (behind CVS)

Day + Spring
It's a new day!

4725 Fay Blvd., Port St. John

(Right next to Family Dollar) Service Sunday at 10:30 AM.

www.dayspringpsj.com * 407-516-5767

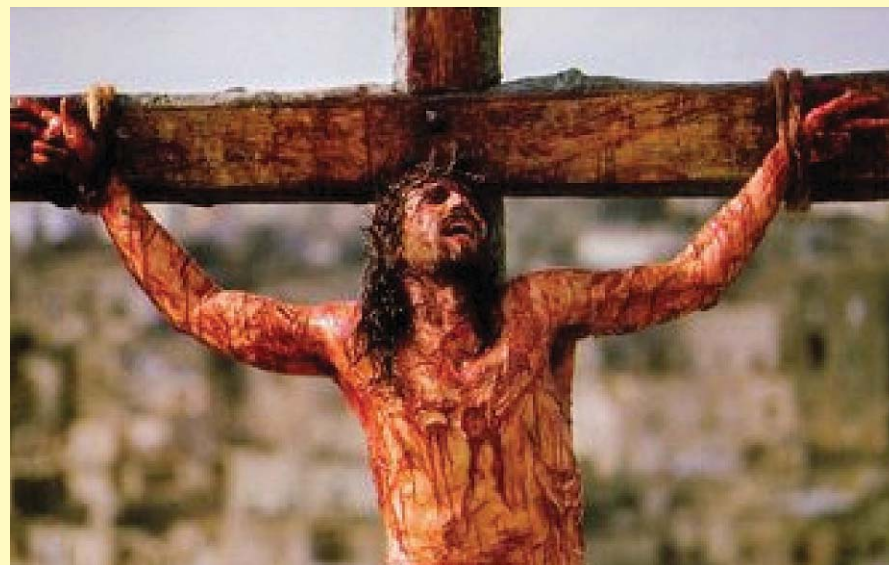
Farmer's Market



1st Saturday • Every Month

SEASONAL GIFTS AVAILABLE

OPEN 9 AM ~ 2 PM
Saturday, April 1st



NO GREATER LOVE HATH A MAN THAN THAT HE LAY DOWN HIS LIFE FOR A FRIEND.

Join us for Bible study Sunday, 10:30
 Prayer Sunday, 6:30





Congratulations to 7th grade student Sydney McGann. Her artwork was recently presented at an Art Fair. Age is no barrier to talent.

Excellence in Wound Care

Parrish Wound Healing Centers in Titusville and Port St. John have been recognized with national awards for continued clinical excellence in wound healing by Healogics, Inc., the nation's largest provider of advanced wound care services. Both centers were recognized as Centers of Distinction, and the Port St. John center was also named a Center of Excellence.

To be named a Center of Distinction, Parrish Wound Healing Centers achieved outstanding clinical outcomes for 12 consecutive months, including patient satisfaction higher than 92 percent, and a wound-healing rate of at least 91 percent in less than 31 median days. Out of 630 centers eligible for the Center of Distinction award, 334 achieved this honor in 2017.

Parrish Wound Healing Center in Port St. John also received the Robert A. Warriner III Center of Excellence award. The Center of Excellence award is given to Wound Care Centers® in the Healogics network that have met the highest level of quality standards for a minimum of two consecutive years. The award is named for Dr. Warriner, a pioneer in wound care and the former Chief Medical Officer for Healogics. Across the country, 334 centers were eligible and 169 centers were honored with this award in 2017.

Parrish Wound Healing Center is a member of the Healogics network of nearly 800 centers, with access to benchmarking data and proven experience treating approximately 2.5 million chronic wounds. The Wound Healing Center offers highly specialized wound care to patients suffering from diabetic ulcers, pressure ulcers, infections and other chronic wounds that have not healed in a reasonable amount of time. Some of the leading-edge treatments offered at the Wound Care Center include negative pressure wound therapy, debridement, application of cellular-based tissue or skin substitutes to the wound, offloading or total contact casts and hyperbaric oxygen therapy.

Hospice Seeking Volunteers

Hospice of St. Francis is seeking caring people who would like to become hospice volunteers. We are in need of assistance for the following: respite care for families, making friendly visits to hospice patients, military services and clerical duties.

Volunteer opportunities are also available in other capacities throughout Brevard County. No previous experience is needed. Training is provided at no cost to the participants. Volunteers must attend all training classes.

North Brevard Volunteer Training Classes will be held at 1250-B Grumman Place, Titusville on Tuesday, April 18; Tuesday, April 25 and Friday, April 28, 2017 from 1 p.m. to 5 p.m. These classes will prepare you to be a hospice volunteer.

For more information and to register for volunteer training, call Vicky Hamilton, North County Volunteer Coordinator, at 321-269-4240 or 866-269-4240 (toll free).

Hospice of St. Francis (HOSF) is a local, independent, non-profit organization. Established in 1977, Hospice of St. Francis is Brevard County's first hospice. HOSF continues to provide care for terminally ill patients and support for their families. All of Hospice of St. Francis programs are free of charge to Brevard County residents. For more information on programs and services, call 321-269-4240, toll free 866-269-4240 or visit the website at www.hospiceofstfrancis.com.

Open House at Rotary Park Nature Center

An Open House and Birthday Party for Dora, the Eastern Screech Owl, will be held at the Brevard County Rotary Park Nature Center on Saturday, April 8th. A day of fun is on tap with animal programs, games, scavenger hunt and crafts.

This event is free and is held from 10 a.m. – 2 p.m. Have your picture made with Dora!

Please contact Rotary Park Nature Center at (321) 455-1385 for more information.

Junior Lifeguard Camp

Brevard County Parks and Recreation's Central Area Operations is offering a Junior Lifeguard Camp April 10-14 at Joe Lee Smith Aquatic Center located at 419 Washington Street in Cocoa. Classes will be held from 9 a.m.-4 p.m. Monday through Friday. Course participants will learn basics of water safety and emergency response in the classroom and in the pool.

Cost is \$100. Camp size is limited, Pre-registration is required with a minimum of eight participants to hold camp. Interested candidates must be currently enrolled in grades 6th - 9th.

Participants who attend all classes will receive American Red Cross certification in Junior Lifeguard, First Aid and CPR. Participants will also be invited to serve as a Junior Lifeguard at Central Area Parks and Recreation summer aquatic programs.

For additional information or to register, call (321) 633-1874 or email Debbie Bowling at debbie.bowling@brevardparks.com.

Walter Butler Community Center - April, 2017

Bernice G. Jackson Park, 4201 North US Hwy. 1, Sharpes

The center is open Monday–Thursday from 10 - 8 pm, Fridays from 9 a.m. to 6 p.m. and Saturday 10 a.m.-2 p.m. Schedule is subject to change. Call 433-4448 for latest information.

Mondays

Pickleball, 11 a.m.- 2 p.m.
Basketball Fundamentals 3-4 p.m.
High School Basketball Leagues, 5-8 p.m.
Open Gym, 5-8 pm
Open Computer Lab, 6-8 pm
3rd & 24th Girl Scouts Troop 505, 5-7 p.m.

Tuesdays

Mommy-Plus Me, 11 a.m.-12 p.m.
Pickleball, 11 a.m.- 2 p.m.
Basketball Fundamentals 3-4 p.m.
4-H Gardener Program, 3:30-4:30 p.m.
Boy Scouts, 3:30-4:30 p.m.
High School Basketball Leagues, 5-8 p.m.
Open Gym, 5-8 pm
Open Computer Lab, 6-8 pm
Zumba 6-7 p.m.

Wednesdays

Pickleball, 11 am-2 pm
Open Computer Lab, 12-2 & 6-8 pm
Volleyball Fundamentals, 5-8 pm
Zumba, 6-7 pm

Thursdays

Pickleball, 11 am-2 pm
Open Computer Lab, 12 - 2 & 6-8 p.m.
4-H Gardener Program, 3:30-4:30 p.m.
Volleyball Fundamentals, 5-8 pm
Zumba, 6-7 pm
6th & 20th Girl Scouts #373, 6-7:30 p.m.

Fridays

Open Computer Lab, 9 a.m.-2:30 p.m.
Pickleball, 11 am-2 pm
Art Club, 3-4 pm

Saturdays

High School Basketball Leagues 1-4 p.m.
Program Activities, 10 am - 2 pm

Walter Butler Community Center Spring Break Activities

April 10th Thru April 14th, 7 a.m.-6 p.m.
Camp Fees \$90/week. For more information to register contact the Walter Butler Community Center at (321) 433-4488.

The trouble with bucket seats is that not everybody has the same size bucket.

Mommy-Plus Me - is a program for mothers to come in and spend time with their preschool age children. Arts and crafts and other hands-on activities will be planned, and snacks will be served. 11a.m.-12 p.m. every Tuesday of the month.

Zumba Classes - Zumba is an adult dance-based fitness class that uses a fusion of Latin and International rhythms with easy-to-follow moves. It includes both cardio and resistance training components designed to tone and sculpt the entire body. Zumba is designed for adults of all ages and fitness levels. Class participants exercise in a healthy, fun, party-like environment. Classes will be held Tuesday, Wednesday and Thursday, 6-7 p.m., \$5 per class (discount punch cards available). Contact Debbie Kowaleuski at (321) 403-6918 for more information.

Volleyball Fundamentals is a class which teaches proper playing techniques and teamwork. This class focuses on teaching beginners how to properly bump, set, spike and more. Classes will be held on Wednesdays & Thursdays 5-8 p.m. For more information contact Donovan Gilbert at Walter Butler Community Center, 433-4448.

Brevard County 4-H Junior Master Gardener Program - The Junior Master Gardener Program engages participants in novel, hands-on group and individual learning experiences that promote a love of gardening, develop an appreciation for the environment, and cultivate the mind. Classes will be held on Tuesdays and Thursdays 3:30-4:30 p.m. For more information contact Jan Jordan at (321) 433-4448.

Persons With Disabilities Dances - are held the 1st and 3rd Friday of the month from 7-9 p.m. All ages are welcome. For more information contact Andrea Chestnut at (321)-264-5058 or (321)-264-5105.

High School Basketball League - \$500.00 per team. The league is scheduled to start March 18th. All high school teams are welcome. For more information, contact Coach Tyree McGhee at Walter Butler Community Center, 433-4448.
Basketball Fundamentals - A program designed for boys and girls ages 5 to 8. Each week the participants will learn/review basic basketball skills and apply them to a variety of drills. Games are played but the primary focus will be to build on and improve the skill sets of each participant. Practice will be held Monday and Tuesday, 3-4 p.m. For more information, contact Donovan Gilbert at (321) 433-4448.

Persons With Disabilities Dances are held every 1st and 3rd Friday of the month from 7-9 p.m. all ages welcome. For more information contact Andrea Chestnut 264-5058 or 264-5105.

Wawa Coming to Cocoa

Late in 2016, property was purchased to build a Wawa at the southeast corner of State Road 520 and Fiske Boulevard in Cocoa. This deal is an assemblage of seven (7) parcels totaling 1.67 acres. Engaging its long-standing community partner, the City of Cocoa and engineer Andy Kirbach of Morgan & Associates early on in the process proved beneficial for navigating the many local, state and federal regulatory challenges of the site. Building construction on the Wawa site is expected to begin in the spring with completion anticipated in the fourth quarter of 2017.

Meet your neighbors and stay informed of Events & Community Happenings!

CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues. Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959



Name _____

Address _____

E-mail _____

Phone _____ May we include your phone number on our membership roster to CGHI members? Yes No

Won't you come join us? We meet on the 2nd Thursday of every month at the Discovery Church at 3925 Grissom Pkwy. at 7:00 pm. www.canaveralgroveshoa.org

SLEEPY HOLLOW



Fruit From The Groves

4/9 - Palm Sunday; 4/11 - First Day Of Passover; 4/13 - Thomas Jefferson's Birthday - Cghoa Meeting; 4/14 - Good Friday; 4/16 - Easter Sunday; 4/18 - Last Day Of Passover - Tax Deadline; 4/24 - Confederate Memorial Day

I am pleased to announce that Canaveral Groves HOA has donated \$2,000.00 to help finance the new Fine Arts Stage at Fairglen Elementary School. A presentation was made at our March meeting by Mrs. Kim Haggard, Music Specialist at Fairglen. This donation is just a part of the total cost, which is being paid for by parents and benevolent groups in our area. When completed, this new venue will be used by over 700 plus students for student performances and

presentations. The construction is being done by the school board, but they are not contributing any funds to support this worthwhile project. If you or your group is interested in making a tax deductible donation to this Fine Arts Project, contact Mrs. Haggard at Fairglen for more information. Your support would be greatly appreciated.

ALL ABOARD FLORIDA UPDATE - I recently contacted Ms. Ali Soli with All Aboard Florida about Phase II of their high speed rail project. Phase II runs from West Palm Beach to Orlando and right through Canaveral Groves on the 528 right of way. She said that there was no time frame at the moment because they were concentrating their efforts on Phase I from Miami to West Palm. As I mentioned in an earlier article,

the new South Terminal at Orlando International was scheduled for completion in 2020. That may be an indicator because that terminal will be the starting point for All Aboard Florida, but that is just speculation on my part. I also see that OIA has fired the current contractor of the South Terminal Project and another is to be selected. I guess we will have to wait and see if this move adds any time to the completion date..

Looks like Cumberland Farms got the jump on WaWa in Cocoa. The new Cumberland Farms at 520 and Clearlake is now open and the new WaWa at 520 and Fiske is still in the process of their site prep work. The Cumberland Farms is beautiful, but I will miss the old Blue Matador. But that is another story.



638-4130
4365 Grissom Pkwy.,
Canaveral Groves

DAILY SPECIALS

Monday: 65 Cent Wings & \$1 Drafts
Tuesday: AUCE Boneless Wings & BOGO Coronas
Wednesday : Barb's Homemade Chicken Pot Pies
Thursday: All You Can Eat Fried Shrimp
Friday, Saturday & Sunday: Chef's Choice
ASK ABOUT OUR \$4.99 Specials, Tue-Fri
No Time to Dine in? Call in your To-gos!!

OPEN FOR BREAKFAST TUESDAY-SUNDAY @ 7am



**Now Serving Liquor
Drink Specials Daily**



Host Your Next Event on our Patio!

- **Weddings / Rehearsal Dinners**
- **Birthday Parties**
- **Retirement Parties**
- **Farewell Parties**



**Need A Spot to Have It?
Rent Out Our Back Patio!
Call For Prices and Details.**



Fruit From the Groves, cont.

LIQUID NATURAL GAS TRANSFER PLANT - There seems to be some movement with the LNG Transfer Plant for South Titusville. They have run into a problem with being less than a mile from a runway at Space Coast Executive Airport. They will have to request a variance to comply with federal regulations in order to proceed. We will have to wait and see what happens. With the current price of natural gas, it may be sometime before anything happens.

THE GREAT VIDALIA ONION SALE will start at the end of this month or early May. Reports from Georgia are that the onions are growing well and looks like there will be a bumper crop. We will be in front of Jabbers again, thanks to the management, so plan on stopping by and picking up some of the delicious Vidalia Onions. If you can't stop, honk as you go by.

I would like to say thank you to Mrs. Theresa of Port St. John. Theresa works in the Radiology Department at Wuesthoff and her husband is a nurse in Orlando. She took great care of me on a recent visit to the ACC unit at Wuesthoff Hospital. Theresa is an Air Force veteran and a valuable member of the Radiology team at Wuesthoff. I certainly appreciate the professionalism she demonstrated while I was in her care. All the best and I am sure that I will see you again.

Dedei and I had the pleasure of dining with John and Carol Armanili of Port St. John. We attend the same church and have become good friends over the years. John, a former restaurateur both here and in New York, is better known as Uncle John to Brian Flannery in Bel Air, Maryland. John has been keeping me informed with the trials and tribulations of the golfing gang in Bel Aire. These guys have been chomping at the bit to get out and play golf, but "Old Man Winter" just seems to be hanging on. I did catch wind of an incident that took place in Bel Aire. It seems that Golf Digest Magazine ran a contest recently. It had to do with submitting the name of a team mate or fellow golfer for an interview with Golf Digest. As the story goes, Brian Flannery submitted the name of his good friend "High Roller Eddie" to the magazine. The decision was to be made by ballot on the computer so Brian contacted all his buddies to vote for Eddie. Needless to say, Eddie won hands down. The interview was

held at the club's 19th hole in Bel Aire. The first question for "High Roller Eddie" was, "What do you think you can do to improve your game?" Eddie replied that he shot in the mid 70's.

"Why that is great," replied the interviewer. "What is so bad about that?"

"If it gets close to 80 degrees or warmer, I just stay here at the 19th hole drinking beer and eating peanuts," recanted Eddie.

The interview came to a quick close. All the best, you guys. The snow will be gone soon, I hope.

.....A Parting Shot From The Cannon.....

EATING OUT.....

A little old couple walked slowly into McDonald's that cold winter evening. They looked out of place amid the young families and young couples eating there that night. Some of the customers looked admiringly at them.

You could tell what the admirers were thinking: "Look, there is a couple who has been through a lot together, probably for 60 years or more!"

The little old man walked right up to the cash register, placed his order with no hesitation and then paid for their meal. The couple took a table near the back wall and started taking food off of the tray. There was one hamburger, one order of french fries and one drink.

The little old man unwrapped the plain hamburger and carefully cut it in half. He placed one half in front of his wife. Then he carefully counted out the french fries, divided them in two piles and neatly placed one pile in front of his wife. He took a sip of the drink, his wife took a sip and then set the cup down between them.

As the man began to eat his few bites of hamburger, the crowd began to get restless. Again you could tell what they were thinking: "That poor old couple. All they can afford is one meal for the two of them."

As the man began to eat his french fries, one young man stood and came over to the old couple's table. He politely offered to buy another meal for the old couple to eat. The old man replied that they were just fine. They were used to sharing everything.

Then the crowd noticed that the little old lady hadn't eaten a bite. She just sat there watching her husband eat and occasionally taking turns sipping

the drink. Again the young man came over and begged them to let him buy them something to eat. The man again explained that no, they were used to sharing everything together.

As the little old man finished eating and was wiping his face neatly with a napkin, the young man could stand it no longer. Again he came over to their table and offered to buy some food. After being politely refused again, he finally asked a question of the little old lady: "Ma'am, why aren't you eating? You said that you share everything. What is it that you are waiting for?"

She answered, "The teeth."

As always, thanks to our readers and advertisers. Be sure to read our other articles. Always good stuff.

Until next time, Lord willin' and the creek don't rise, I remain your servant,

- Bill Cannon.

A Gathering of Women Who Care

Hospice of St. Francis Foundation will be hosting "The Purple Iris: A Gathering of Women Who Care" fundraiser on Thursday April 13, at Suntree Country Club, 1 Country Club Drive, Melbourne, starting at 11:30 a.m.

Martie Salt, Emmy-award winning news anchor from WFTV, will be the guest speaker. Her TV series "Blind-Sided" spoke out in a bold, personal way about caring for elderly parents. This intimate luncheon is planned to honor the giving spirit of women and the extraordinary roles they play in the care of their families and loved ones.

Hospice of St. Francis is reaching out to women throughout the community to open dialogue about issues faced when dealing with the health of those we love. The public is welcome. Admission is a \$100.00 donation to the Foundation and reserved tables are available. For reservations, contact Dotty Allen at 321-360-3456, register and pay online at hosffoundation.org/purpleiris or send a check to Hospice of St. Francis Foundation, 4875 N. Wickham Rd., Suite 104, Melbourne, 32940.

The Hospice of St. Francis Foundation is a 501(c)3 whose purpose is to raise funds to help improve the health and well-being of residents in our community by raising funds to support and advance the work of Hospice of St. Francis.

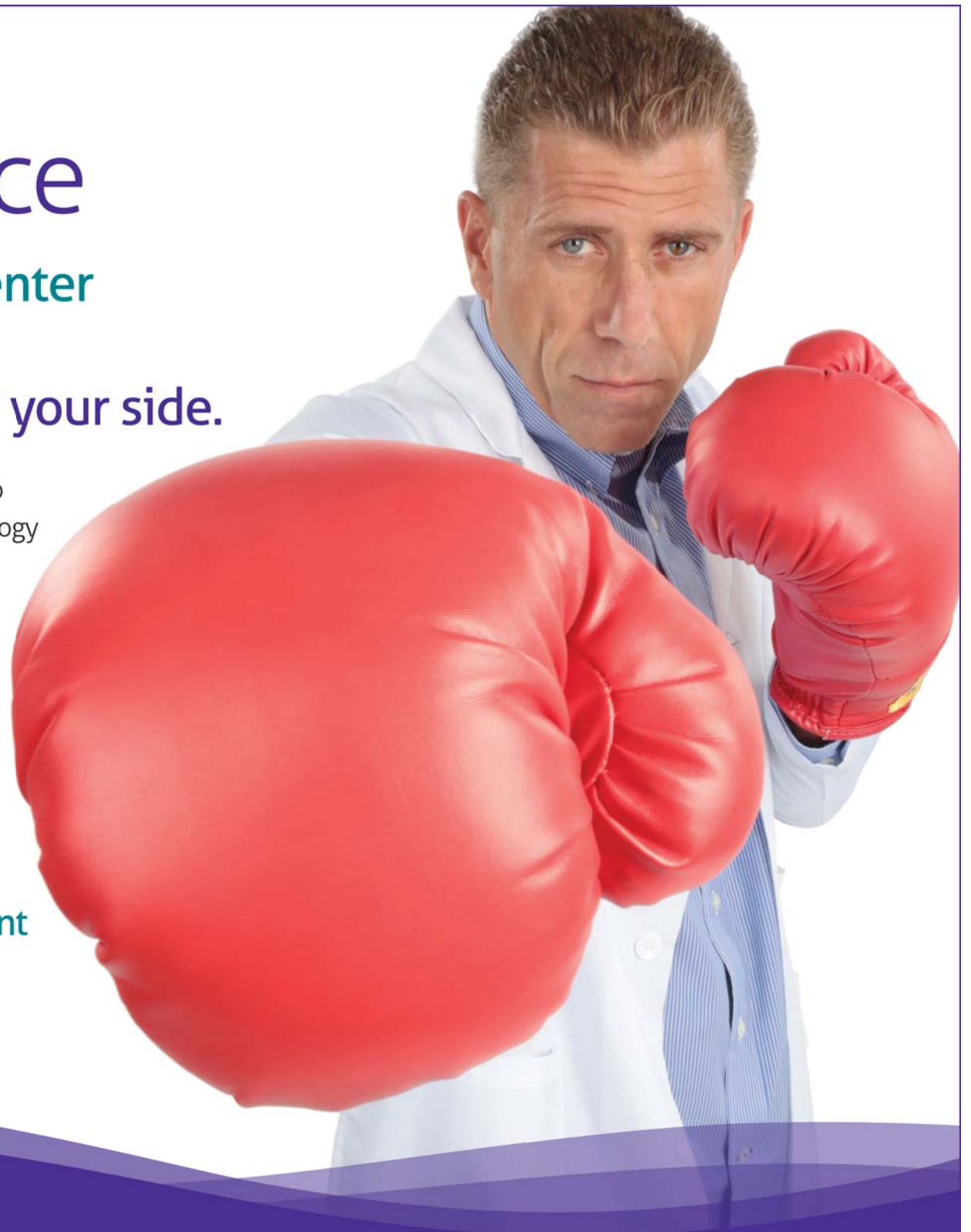
Life Force

**Parrish Cancer Center
and Mayo Clinic**

In your corner. By your side.

Our experts have joined forces to provide the services and technology you expect from a world-class cancer center. As a member of the Mayo Clinic Care Network, Parrish can consult with Mayo Clinic and has access to the latest clinical research. Now you can receive this extremely high level of care close to home.

**Call for your appointment
321-529-6202**



845 Medical Century Drive, Titusville
For more details, visit ParrishCancerCenter.com

MAYO
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CareNetwork
Member